#### North Plainfield Municipal Alliance Committee (MAC) &

### **North Plainfield Municipal Youth Services Commission (MYSC)**

# January 26, 2021 Meeting Agenda

#### I. Call to Order

### **II.** Approval of November Minutes

## III. Somerset County MAC Update

- As of January 1st we no longer use the term 'freeholder.' Board of county commissioners is the correct term.
- 1st Q report was received; contract was received and will be sent to towns for records.
- Still no news on FY22 application, will keep everyone posted.

#### IV. Somerset County YSC Update

### V. New Business

- 2021 Officers Vote
- Updates on Kids On the Run, Consent 101, DARE, and GREAT
- If They Had Known screening license for one year starting 1/1/2021

  If They Had Known is a 35 minute documentary about an accidental death that shouldn't have happened. Partying in high school and college is nothing new, but how kids party these days has changed. Kids now casually mix alcohol with commonly prescribed medications without any knowledge that they may be putting themselves at risk. This recreational trend is happening in high schools and on college campuses across the country and is resulting in accidental deaths.
- Collaborations with other MACs
  - O Upstanders (January 27, 2021 at 7:00 PM) The Upstanders explores cyber-bullying, bullying among friends, families, co-workers and the brain science behind it all. The film highlights new laws and programs already reducing bullying in schools and shows us how we can learn to make a difference together to create systemic change. Register at http://bit.ly/theupstanders
  - O Angst (April) Angst is an IndieFlix Original, documentary designed to raise awareness around anxiety. The film includes interviews with kids, teens, educators, experts, parents and a very special interview with Michael Phelps. Our goal specifically is to help people identify and understand the symptoms of anxiety and encourage them to reach out for help. Angst screens in schools, communities and theaters around the world. The film and corresponding materials provide tools, resources and above all, hope.
  - Like (March) <u>LIKE</u> is an IndieFlix Original documentary that explores the impact of social media on our lives and the effects of technology on the brain.
     The goal of the film is to inspire us to self-regulate. Social media is a tool and

social platforms are a place to connect, share, and care ... but is that what's really happening?

VI. Next Meeting: March 23, 2021 at 7:00 PM

# VII.Adjournment of Meeting

The mission of the North Plainfield Municipal Alliance Committee (MAC) is to provide consultation, programs, training, and resources to members of the North Plainfield community with the goal of preventing and reducing the use and abuse of alcohol, tobacco, and other drugs. The North Plainfield Municipal Alliance Committee envisions a community that is free of the misuse and abuse of alcohol, tobacco and other drugs. The North Plainfield Municipal Youth Services Commission (MYSC) is responsible for bringing together key community leaders and community volunteers to carefully examine the needs of the at-risk youth in their local area in order to develop appropriate prevention and intervention strategies that address those issues.