NEW JERSEY DEPARTMENT OF HEALTH WIC SERVICES SENIOR FARMERS' MARKET NUTRITION PROGRAM FACT SHEET

The Seniors Farmers' Market Nutrition Program (SFMNP) provides checks to eligible senior participants to buy locally grown fresh fruits, vegetables, and herbs from the local farmers during the growing season. This program provides services to all eligible participants.

The Senior Farmers' Market Nutrition Program:

- Gives you the opportunity to buy locally grown fresh fruits, vegetables, and herbs from **authorized** farmers.
- ❖ Provides seniors with useful nutritional information.
- Helps to ensure good health.

SHOPPING WITH SENIOR FARMERS' MARKET CHECKS

See your list of community farmers' markets, authorized farmers and farmers with roadside stands for address locations, days, and times of operations. Remember, farmers pick their produce fresh from the fields early in the morning and bring it to the market only on the days and times listed.

Grocery stores cannot accept Farmers' Market checks.

- Go only to the farmers' markets, individual authorized farmers, and roadside stands on the authorized list.
- * Call ahead because market days can change due to weather and availability of produce.
- **Look for the "Yellow WIC & Senior Farmers' Market Nutrition Program Poster."** If you do not see a poster, ask the farmer if he is participating in the Farmers' Market Nutrition Program.
- **Use your checks to buy <u>locally grown</u>** fresh fruits, vegetables and herbs.
- **❖** You will not receive cash change for your purchase, so select \$5 worth of fresh produce for each check used.
- ❖ If the produce costs more than \$5, you must pay the difference in cash or with SNAP (food stamps).
- **❖** Sign the check on the bottom right-side near the X.

Call your local County Office on Aging and/or funded agency, if you have any questions or problems.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

2018 Farm Stands Accepting Farmers Market Vouchers for <u>Jersey Fresh Produce</u> <u>Somerset County</u>

Ripple Hill Farmers Market

181 Mountain Road Basking Ridge

Open: September 2 – October 28 Sunday: 12:00 pm – 4:00 pm

Bedminster Township Farmers Market

River Road Bedminster

Open: June 2 – September 1 Saturday: 9:00 am - 1:00 pm

Bernardsville Farmers Market

Rt. 202 & Clairmont Rd. Train

Station

Bernardsville

Open: June 9 – November 10 Saturday: 9:00 am – 1:00 pm

Bound Brook Farmers Market

Main Street & Hamilton Street

Bound Brook

Open: June 28 – September 20 Thursday: 3:00 pm – 7:00 pm

Sunhaven Farms

1018 Orchard Drive

Hillsborough

Open: June 1 – October 31

Monday-Friday: 10:00 am - 6:00 pmSaturday-Sunday: 10:00 am - 6:00 pm

Norz-Hill Farm & Market

116 South Branch Road

Hillsborough

Open: June 1-November 5

Monday-Friday: 11:00 am - 7:00 pm

Saturday: 9:00 am – 6:00 pm Sunday: 9:00 am – 4:00 pm

Hillsborough Farm County Market

219 Hillsborough Road

Hillsborough

Open: June 24 – December 31 Monday-Friday: 9:30 am -6:00 pm Saturday-Sunday: 9:30 am -6:00 pm

Manville Farmers Market

Main Street (Just past Camplain

Road) Manville

Open: June 17-October 29 Friday: 12:00 pm-5:00 pm

Montgomery Farmers Market

1340 US Hwy 206

(Village Shopper Center Parking

Lot)

Skillman

Open: June 2 – October 20 Saturday: 9:00 am – 1:00 pm

John H. Drake Farm

889 Route 518

Skillman

Open: June-October

Saturday-Sunday: 8:30 am-7:30 pm

North Plainfield Farmers Market

264 Somerset Street (Across

From Borough Hall)

North Plainfield

Open: June 23-September 22 Saturday: 9:00 am - 2:00 pm