

Carbon Monoxide

The Silent Killer

"I didn't know carbon monoxide can come from my stove or gas generator."



What is Carbon Monoxide?

Carbon monoxide (CO) is a poisonous gas that has no color, no smell, and no taste.

Common Sources of CO

CO is made when fuel is burned.

- Gas or propane stoves and ovens
- Car exhaust
- Charcoal grills
- Gas generators
- Furnaces
- Oil, gas, propane or kerosene heaters
- Leaking chimneys or fireplaces

Symptoms of CO Poisoning

Symptoms at low levels:

- Sleepiness
- Confusion
- Nausea
- Headaches
- Feeling tired

Symptoms at high levels:

- Nausea
- Vomiting
- Irregular heartbeat
- Confusion
- Death



1-800-222-1222

New Jersey
Poison Center





How to prevent *Carbon Monoxide* poisoning?

Place a CO detector on each floor of your home especially near sleeping areas. Follow directions and make sure all detectors meet safety standards. Pay attention if the alarm goes off. There may be a build up of carbon monoxide in your home. DO NOT ignore the alarm - it is trying to save your life.

Safety Tips:

- Never leave a vehicle running in a garage.
- Never use a gas or propane stove or oven to heat your home.
- Never burn charcoal indoors.
- Check & clean chimney flues and fireplaces every year.
- Do not use a gas generator inside your home, basement, shed or garage.
- Never place a gas generator near open windows, doors, or vents.

What to do in a *Carbon Monoxide* poisoning emergency:

- Go outside to get fresh air immediately.
- Call 9-1-1 if someone has stopped breathing or is difficult to wake up.
- Call your local fire department or gas company for a safety check.
- Do not go back into your home until the fire department tells you it is safe to reenter.



Call the NJ Poison Center for medical treatment advice, questions or information.

Poison Help **Chat**
1-800-222-1222 **www.njpies.org**

Text
9733390702

 