



SUMMER 2009 TENNIS CAMPS!

NORTH PLAINFIELD, NJ

Presented by: North Plainfield Recreation & First Serve Tennis Academy



AGES 3-13

General Information

SUMMER CAMPS

We truly believe that the coach is the most essential part of the learning process. Each coach works individually with the participants to teach, encourage and challenge them. Our goals are to enhance tennis fundamentals, focus on strategy and create a supportive and fun environment.

Whether your child is a beginner, intermediate, or advanced player, our high-end instruction will help her/him play better tennis and get more enjoyment from the game.

Q & A

Do I need to bring a racket? Yes, all players should provide his/her own racket. All balls and specialized equipment provided by the instructors.

What if it's raining? Call 1(877)881-7217 one hour before the program starts for cancellation info.

What should I wear? Kiddie Campers can wear any type of sneaker. Ages 6 and up should try and wear cross-trainers or tennis shoes. Tennis specific clothing is not required, be comfortable.

Should I bring food & water? Please make sure to bring plenty of water each day! Throughout the week Junior campers should bring a light snack for break time.

Can we sign-up for more than 1 session? ABSOLUTELY, attending for more than one week will allow your child to advance his/her skills in less time. Generally, most of our campers attend for at least 2 sessions.

What if I miss a day? Unfortunately, we can't provide make-up days without prior approval before the day is missed. We don't want to compromise class size.

If your child has any allergies, please note that on your sign-up form.

Class details

LOCATION: East End School Tennis Courts



- Experienced and caring staff.
- Matches versus the coaches on the last day.
- Team tennis events.
- Innovative group games.
- Stroke development.
- Stickers and prizes.
- Low student-to-teacher ratio.
- First Serve Tennis T-Shirt!

Program Details

Kiddie Camp: Boys & Girls, Ages 3-5

Schedule: Mon-Thurs (Fridays reserved for rain)
9:00am-10:00am

Learn the basics: parts of the racket, grips, forehand, backhand, volley & footwork. Fun kiddie tennis games keep your child engaged and having fun!

Fee: \$65 per session

Junior Camp: Boys & Girls, Ages 6-13

Schedule: Mon-Thurs (Fridays reserved for rain)
10:00am-1:00pm

Establish a sound technical foundation of the basic grips, strokes and footwork with an introduction to fun competitive games! All skill levels welcome. Groups will be formed.

Fee: \$165 per session

SUMMER CAMP SCHEDULE

- Session #1: Week of June 29
- Session #2: Week of July 6
- Session #3: Week of July 13
- Session #4: Week of July 27
- Session #5: Week of August 3
- Session #6: Week of August 10



Questions?

Contact: North Plainfield Recreation

Phone: (908) 756 - 0247

Web: www.northplainfield.org

Contact: First Serve Tennis Academy

Phone: (908)367-2000

Email: info@fstatennis.com

Web: www.fstatennis.com

Registration Form **SPACE IS LIMITED! REGISTER TODAY!**

Sign up for:

- Kiddie Tennis Camp (Ages 3-5).....\$65 per session
- Junior Tennis Camp (Ages 6-13).....\$165 per session

Circle Session(s): 1 2 3 4 5 6

Child's Name: _____ Age: _____

Address: _____

Home Phone: _____

Cell Phone/Emergency: _____

Email Address: _____

T-Shirt Size: XS S M L XL

- ➔ REGISTER ONLINE: www.fstatennis.com
- ➔ REGISTER BY PHONE: 908-367-2000
- ➔ REGISTER BY MAIL: Send form & payment to:
First Serve Tennis Academy
220 Sherman Avenue
Berkeley Heights, NJ 07922

**PLEASE MAKE CHECKS PAYABLE TO "FIRST SERVE TENNIS ACADEMY"*

I certify the above named applicant(s) emotionally ready, in good health and is given my permission to participate in this program. I understand that there is some risk in playing tennis and tennis related activities and I am willing to assume those risks. I certify that my child has no ailments or disabilities that would prevent my child from participating in tennis. I hereby agree to hold First Serve Tennis Academy, LLC, North Plainfield Recreation, its agents, employees and contractors harmless from any and all claims for any injury or illness incurred by my child during participation in this program. In case of emergency, I grant my permission to have my child given emergency treatment at a local hospital.

Parent's Signature _____ Date _____